

UNITE
FOR
GOOD

Rotary
Club of Chennai Capital
District 3233



JAN - MAR ISSUE

2026

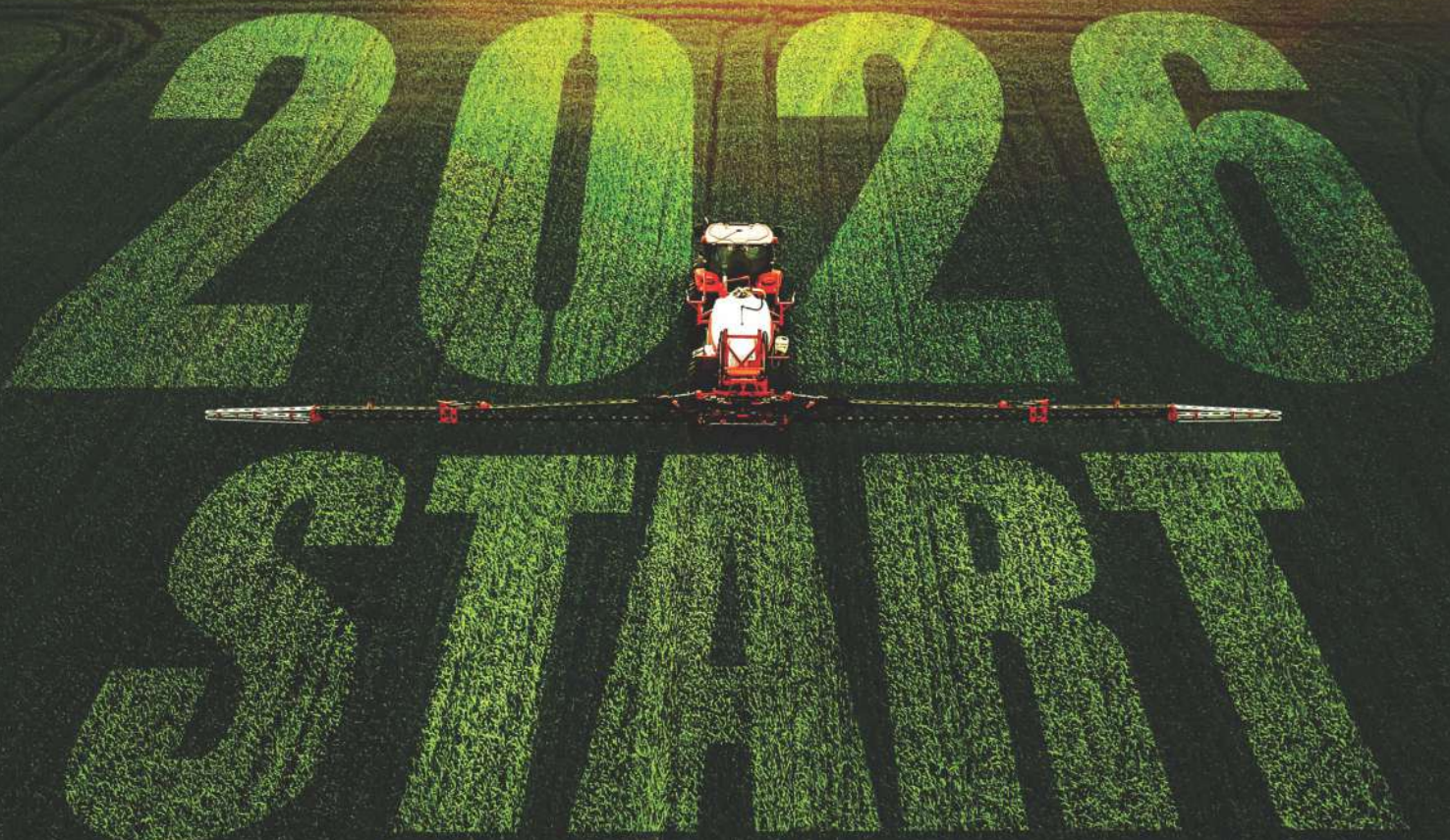
CAPITAL TIMES

A PERIODICAL OF
ROTARY CLUB OF CHENNAI CAPITAL



It's that time of the year when you...

SOW HOPE AND HARVEST HAPPINESS



FROM THE PRESIDENT'S DESK



As we progress through this remarkable Rotary year, I am filled with immense pride and gratitude for the spirit, commitment and camaraderie that define our club.

Our Club Service, led by Rtn. Rishi Wadhwa and Rtn. Amit Shah, has played a pivotal role in strengthening connections. From vibrant socials at Secret Story, Chipstead and Green Meadows to the memorable Thiruvannamalai family trip curated by Rtn. Amit Shah and Rtn. Anurag Jhavar (with special thanks to Rtn. Raj Thiru for the VIP darshan), we have created a beautiful blend of bonding and shared experience.

The energy within the club has been further elevated through three insightful speaker sessions—covering everything from professional photography and skincare to the anatomy of modern cyber scams—bringing both knowledge and relevance to our members.

Our Fellowship continues to be the heartbeat of Capital. From Margazhi Sapad to the stand-up comedy of Armando Anto and from the soulful Nandy Sisters concert to our Ugadi celebrations and the Dhurandhar movie fellowship, every initiative has woven our Rotary family tighter. It is also heartening to see our impact at the district level, with 45 members attending Indra Vizha and a strong presence at the District Ugadi celebrations.

In Community Service, our impact has reached new heights. A defining highlight was the Global Grant project at SRMC, where we donated an ultrasound and HFNC machine. The presence of International Trustee Rtn. Holger Knaack and District Governor Rtn. D Devendran served as a testament to the scale of this project.

Furthermore, under the leadership of Health Service convener Rtn. Prasanth Gireesh, we achieved a monumental milestone of 1,000 units of blood donated at Hindustan.

The high-end publicity surrounding both the SRMC handover and our massive blood donation drives has significantly elevated the public image of the Rotary Club of Chennai Capital. These initiatives were widely recognized in press media and various social media platforms, showcasing our club as a leader in impactful, large-scale service and strengthening our reputation within the community and the District.

Our Youth Service, led by Rtn. Pranav Lilani and Ann. Reshma Kriplani, continues to inspire through Interact engagements and the impactful RYLA conducted in



February under the leadership of Rtn. Varindar Singh (Bobby) and Rtn Vipul Datta.

Behind the scenes, our BOD meetings at Presidency Club, Rtn. Deepak Tati's residence, and on Zoom have ensured strong governance and direction.

A special appreciation to our Club Secretary, Rtn Rajkumar Narang, for ensuring all minutes and reports are completed and submitted on time, and to our Treasurer, Rtn. Madhan Satyamurthy, for ensuring all subscriptions are collected efficiently.

As we move forward, let us continue to serve with passion, build with purpose, and celebrate every victory—large and small—together.

Together, we make Capital stronger.

Warm regards,
Rtn. Apoorva Modi
President
Rotary Club of Chennai Capital

7th Speaker Meet

SPEAKER MEET
10 OCTOBER
MARIOTT

07

"POSE & SHOOT like a PRO on your MOBILE"

- Learn the simple techniques about posing!
- Learn the right prompt for posing!
- Learn how to click a story telling picture!
- Learn 3 simple rules to shoot a WOW picture!



Ready to Pose & Shoot like a Pro

Our 7th Speaker Meet was an exciting session with Dhamodharan K. (Dhams) on mastering mobile photography!

- ~ Learn the simple techniques about posing!
- ~ Learn the right prompt for posing!
- ~ Learn how to click a story telling picture!
- ~ Learn 3 simple rules to shoot a WOW picture!



Dhamodharan K. (Dhams)

Started photography training in 2011, offering a unique learning approach built on deep knowledge and experience. His exclusive training content is original and not available in Google or photography journals. Specializes in simplifying photography concepts for quick and easy understanding. Has trained over 3,500+ participants to date.

by Dhamodharan of Dhams Photography,
on January 10th Saturday, from 7:30 pm at Marriott,
Anna Salai, Chennai - 600002.

RTH. APOORVA MOOI RTH. RAJAKUMAR NARANG RTH. RISHI WADHIWA
PRESIDENT SECRETARY CLUB SERVICE DIRECTOR

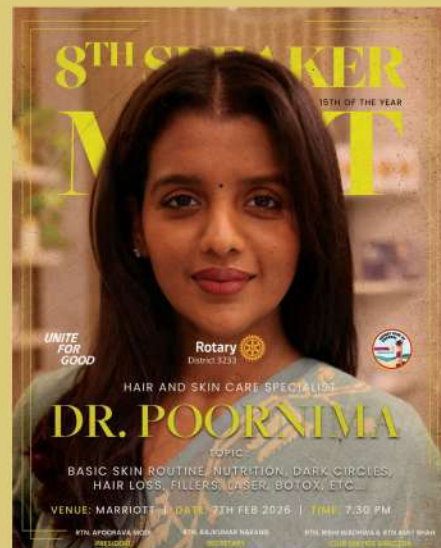


SPEAKER MEET
07 FEBRUARY
MARIOTT

08

Glowing skin starts with the right knowledge.

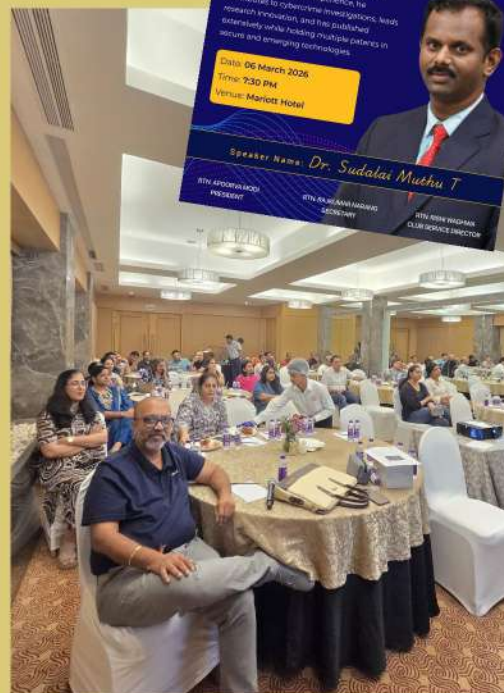
- * An insightful evening with Dr. Poornima on skin care, hair and wellness.
- * She decoded the secrets of healthy skin and hair from skincare routines to nutrition, dark circles to advanced treatments.



SPEAKER MEET
06 MARCH
MARIOTT

09

An insightful evening at the 9th Speaker Meet with Dr. Sudalai Muthu T, who unpacked the realities of modern cyber scams and how to stay one step ahead. From “click” to “trap” to “panic,” the session shed light on evolving digital threats and practical ways to fight back—leaving everyone more aware, alert and empowered in today’s cyber world.



ROTARY INTERNATIONAL NITE

27th Jan, Le Meridien.

It was a proud moment for Rotary Club of Chennai Capital to be recognised at Rotary International Nite for its impactful Global Grant Project, in the august presence of Rtn Holger Knaack, Trustee Chairman – The Rotary Foundation.

Our club members were also honoured for their outstanding and continued contributions to The Rotary Foundation:

- ★ Rtn Shriram Duvvuri for achieving the milestone of Major Donor – Level 2
- ★ Rtn Dr. C. M. Kishore for his generous Endowment contribution of USD 25,000
- ★ Rtn Apoorva Modi and Rtn Sanjay Goel for their commitment to donate USD 10,000 each

These recognitions reflect the club's strong commitment to Rotary's mission and its unwavering support for The Rotary Foundation.

The event was attended by Club Mentor Rtn Shriram Duvvuri, Club President Rtn Apoorva Modi, Club Secretary Rtn Rajkumar Narang, Rtn Kishore Reddy, Rtn Prasanth Gireesh, Rtn Satya Rao, Rtn Deepak Tatia with Ann Shalini Duvvuri and First Lady Ann Roshni Modi.



INDRA VIZHA

We had the highest ever registrations from Capital, total 45 registrations from the club. The President along with First Lady participated in the March Past with DG Devendran for the inaugural ceremony. The conference had impressive speakers lined for 3 days, making it very interesting. The members who attended the conference also praised the arrangements, program schedule and delicious food arranged.



GLOBAL GRANT PROJECT - INAUGURATION OF ULTRASOUND & HFNC MACHINE AT SRMC



A proud moment for the members of the Rotary Club of Chennai Capital. The Inauguration of Ultrasound and HFNC machine through Global grant to Pediatric ICU, Sri Ramachandra Hospital, Porur was held on 28th June, 2026 in the august presence of

Rtn. Holger Knaack
Trustee Chair, The Rotary Foundation

Dr. Bharat Pandya
Trustee, The Rotary Foundation (TRF)

Rtn. D Devendran
District Governor, D3233

Rtn. Shriram Duvvuri
District Governor Elect, D3233

Ms. V. Samyuktha
Trustee, SRIHER

Rtn. Neelakantan L
DRFC, D3233

Sincere appreciation to Rtn. Shriram, Rtn. Kishore, Rtn. Rajkumar, Rtn. Prasanth, Rtn. Bobby and Ann. Roshni for their dedication and presence at the event.

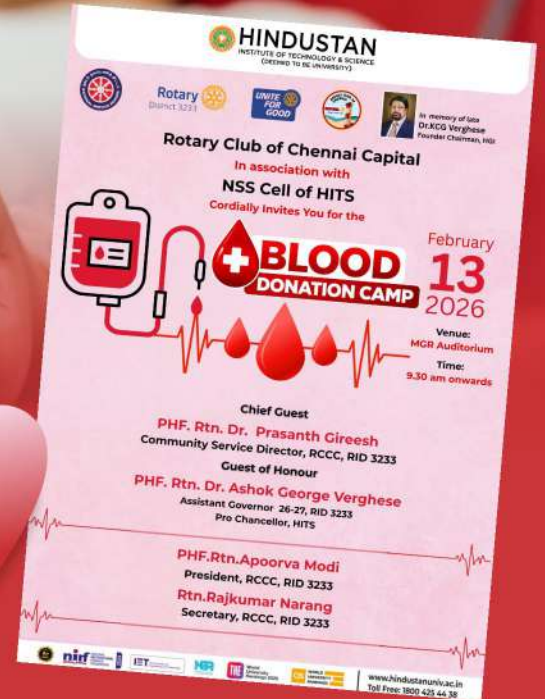
President Rtn. Apoorva Modi extended his gratitude to PP Rtn. Satya Rao for initiating this project and Raj Charitable Trust for their significant contribution to this global grant.



1000 units collected, benefitting 3000 lives

The Rotary Club of Chennai Capital along with Rotaract Club of Hindustan University successfully concluded KURUTHI Phase-2 at Hindustan University, collecting a landmark 1,000 units of blood! Organized in loving memory of Dr. KCG Verghese in collaboration with the NSS Cell of HITS, on February 13th the blood donation event was a powerful showcase of youth leadership of Rotaract Club working together with Rotary Club proving that when we work together, we save lives.

A huge thank you to The Guest of Honour Dr. Ashok Verghese for his invaluable support in making this initiative a reality. The camp was inaugurated by Chief Guest Rtn. Prasanth Gireesh, Community service Health convenor in the presence of President Rtn. Apoorva Modi along with Rtn. Raja Pragatheeshwari (President) and Rtn. Baba Fakruddin (Event Chairperson) under the able guidance of Rtn Gnanasekaran.



Annadanam

COMMUNITY SERVICE

04 Jan
@ SIP MEMORIAL TRUST
SPONSORED BY RTN. CAPT. RAJAN & ANN. JAYASHREE



26 Jan
@ AKSHAYA TRUST
SPONSORED BY RTN. PRASAD & ANN. DHARANIJA



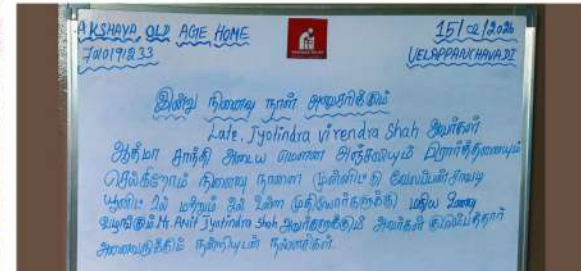
09 Feb
@ SIP MEMORIAL TRUST
SPONSORED BY HEMANT & SOFIA KHANDELWAL



11 Feb
@ AKSHAYA TRUST
SPONSORED BY ANN. SWETA & RTN. VINAY GRANDHI



15 Feb
@ AKSHAYA OLD AGE HOME
SPONSORED BY RTN. AMIT SHAH



DIALYSIS & MORE



06 FEB
Dialysis sponsored for 14 people by Rtn. Mitesh Shah on the occasion of his birthday

12 FEB
Rtn Suresh & Ann Sandra Andrews celebrated their anniversary by sponsoring the dialysis of 16 patients

18 FEB
Donation of Bed Bath Wipes to patients by Rtn. Rajeshwar Paani

Thank you for believing in giving back to the society

Capital 100 - Ever **RED** y to party

31st Jan @ Secret Story

Members of the Rotary club of Chennai capital did Paint the Town Red and celebrate an unforgettable night of fellowship, fun, and fabulous memories!



THE "ARMANDO ANTO" SHOW - NO STRINGS ATTACHED

An Evening of Comedy, Music and Magic... Rtn Suresh Andrews organised a special stand-up comedy show featuring Armando Anto, an artist celebrated for blending humour, music, and a touch of magic into a truly unique experience. Thanks to Rtn Amit Shah and Rtn Rishi for this amazing fellowship where we witnessed a unique Comedy music experience.





CLUB SERVICE



Sparkle & shine @ Bling HKB Nites!

It was an evening filled with glitz, glamour, and electrifying beats—where style met celebration. From Hollywood to Kollywood to Bollywood, it was a night to dance dazzle and create unforgettable memories with friends.



Few club members from Capital participated in Pickleball competition organised by Rotary club of Madras magnum. The club members met mutiple times for practise and had a good Pickle ball fellowship





SAVE THE DATE
For our Social party
 7PM | 28TH MARCH
 @ THE LAWN BY THE POOL
 WITH LIVE BAND....
 GREEN MEADOWS RESORT
 PALAVAKKAM
 HOSTS FOR THE EVENING: Sunil & Lakshmi, Prashant & Shivangi, Anish & Jeena, Suresh Eknaath & Bharathi



Green Meadows Social

28th March social @ Green Meadows Resort...
 Under the stars and by the poolside it was an relaxed evening of music, laughter, and great company with friends

MAGNUM OPEN Pickleball Championship
 Chennai's Premier high-energy inter-societal club pickleball league!
 A 100% non-profit event for the community. Proceeds from this event will be donated to support the Chennai Pickleball Association.
Team Contribution: Rs. 20,000 per Team
Limbo @ Rs. 1,000
Limited to 16 Teams Only
MINI PARTICIPANT:
 • 100% non-profit event for the community.
 • Cash prizes worth Rs. 1,00,000+ for the winners.
 • Free medical check-ups.
 • 24/7 high-energy entertainment.
REGISTER NOW
 Whatsapp: 99421 49999
 Email: info@chennaipickleball.com
 Website: www.chennaipickleball.com
 Organized by Chennai Pickleball Association

Team Capital @ the Magnum Open Pickleball Championship



A DIVINE TRIP FILLED WITH MOMENTS WE CHERISHED

A Spiritual, Blessed and Insightful trip to Tiruvannamalai by few wonderful members of Rotary Club of Chennai Capital.

Thanks to Rtn Raj and Ann Lakshmi for the Beautiful darshan and seeking blessings @ the Arunachaleswarar Temple. The group experienced the divine atmosphere and peaceful moments @ Sri Ramanasramam followed by 14kms Girivalam walk.

The trip included a visit to the historic temple town of Thirukovilur, Ulagalantha Perumal Temple, one of the 108 Divya Desams – to witness the awe-inspiring 20-foot wooden deity of Lord Trivikrama.

Everyone appreciated the efforts of President Apoorva Modi and convenors Rtn Anurag and Rtn Amit for planning this spiritual trip.





Ugadi Sambaralu 2026 brought fellow Rotarians closer @ Madras Race club to celebrate new beginnings, vibrant culture, tradition and cherished moments.



NANDY SISTERS Live

Music laughter and the best kind of company - To more nights filled with rhythm, smiles, and unforgettable fellowship



DHURANDHAR MOVIE FELLOWSHIP

Lights, camera and movie fellowship with friends



Deserved Recognition



During the Golden Jubilee celebrations of Jai Gopal Garodia Government Girls Higher Secondary School, Virugambakkam, the Headmistress and the School Management, felicitated the President Rtn Apoorva Modi, of the Rotary Club of Chennai Capital in recognition of 15 years of sustained support to the institution. The felicitation acknowledged long standing contributions toward the construction of classrooms and various initiatives aimed at girls' education and empowerment. With a student strength of over 3,000 girl students, the school has been a key focus area for continued service and development. The association with the school began years ago with modest contributions as a Tabler and gradually evolved into a meaningful and enduring partnership. In his current role as President of the Rotary Club of Chennai Capital, this commitment has further strengthened through the club's Interact Club, which has been actively nurturing young minds at the school for the past seven years. The recognition highlights the impact of consistent, long term engagement in education and reinforces the belief that sustained investment of time and resources can create lasting change in the lives of young students.

SPEAKER SESSIONS

13 JAN



The Rotary Club of Chennai Capital, in collaboration with the Interact Club of Shree K Sunganbhai Sanatana Dharma Girls Hr. Sec. School, celebrated Pongal with an inspiring session on gratitude and positivity. Speaker Mr. Krishwan motivated students on how daily thankfulness leads to success and abundance, reflecting Rotary's spirit of Service Above Self.

19 JAN



The Rotary Club of Chennai Capital, along with the Interact Club of Shree K Sunganbhai Sanatana Dharma Girls Hr. Sec. School, organised an interactive session on Emotions, Feelings & Intuition by Mr. Krishwan, empowering students with emotional awareness and self-understanding in the true spirit of Service Above Self.

ROTARY CLUB OF CHENNAI CAPITAL
 INTERACT CLUB OF SHREE K SUNGANBHAJI SANATANA DHARMA GIRLS HR. SEC. SCHOOL
 Sowcarpet, Chennai - 600001

HAPPY PONGAL
 HOW DOES DAILY THANKFULNESS LEAD TO POSITIVITY, GOOD RESULTS AND ABUNDANCE

Date: 13th January (Tuesday) | Time: 11 am -12 pm
 Speaker: Mr. Krishwan

President: Rtn. Apoorva Modi
 Secretary: Rtn. Rajkumar Narang
 Youth Service Director: Rtn. Vipul Dutta
 Interact Chairman: Rtn. Pransav Lilani
 Project Facilitator: Ann. Reshma Kriptani



ROTARY CLUB OF CHENNAI CAPITAL
 INTERACT CLUB OF SHREE K SUNGANBHAJI SANATANA DHARMA GIRLS HR. SEC. SCHOOL
 Sowcarpet, Chennai - 600001

Emotions!
 Feelings!
 Intuition!

How do they guide you?
 How to understand them and use them?

Date: 19th January (Monday) | Time: 11 am -12 pm
 Speaker: Mr. Krishwan

President: Rtn. Apoorva Modi
 Secretary: Rtn. Rajkumar Narang
 Youth Service Director: Rtn. Vipul Dutta
 Interact Chairman: Rtn. Pransav Lilani
 Project Facilitator: Ann. Reshma Kriptani



KNOW THE TEAM



Rotarians & Anns get introduced to

Rtn. Rajkumar Narang

Spouse Name

Walked the aisle with his spouse on

Annettes

Education

Profession or Speciality

Post held this rotary year

Your vision for the club this year

High point of this Qtr for you

Your message to Fellow Rotarians

- Ann. Khushi Narang

- 9th December. 2002

- Neha Narang & Krishna Narang

- MBA

- Retail POS Software, Data Recovery, Apparel Retail & Business Finance

- Club Secretary

- As a Club Secretary, Vision was and is for more member participation, stronger engagement, and high on fellowships. Through impactful projects, community service initiatives, and health camps.

- The Global Grant recd and at the Inauguration of Ultrasound and HFNC machine at Sri Ramachandra Hospital, Porur is definitely the high point which is highly spoken in our club and district even today and well covered in the press and social media

- Show up. Stay engaged.

Serve with purpose – together, we make Capital stronger.



KNOW THE TEAM

Rotarians & Anns get introduced to

Rtn. Veera Shivaaji M

Spouse Name	- Ann. Gayatri
Walked the aisle with his spouse on Annettes	- 15 th April, 2015
Education	- Veera Vel & Veera Maaran
Profession or Speciality	- Literate
Post held this rotary year	- Entrepreneur
Your vision for the club this year	- Director - Community Service - Development
High point of this Qtr for you	- More fellowship and more togetherness
Your message to Fellow Rotarians	- Did CS which benefited more than 3000 people
	- Take rotary seriously

Editors



Ann. Sonu



Ann. Dhwani



Rtn. Sriram



UNITE
FOR
GOOD

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